

Käypä hoito



Gestational diabetes

Current Care Summary

17.6.2013

Working group established by the Finnish Medical Society Duodecim, the Medical Advisory Board of the Finnish Diabetes Association and the Finnish Gynecological Association

Gestational diabetes screening using a 75 g oral glucose tolerance test should be offered to all pregnant women, except those who are at low risk. 10–15% of gestational diabetes is caused by LADA (Latent Autoimmune Diabetes in Adults) or MODY (Maturity Onset Diabetes in the Young), in which mothers generally sustain a normal body weight.

The diagnostic criteria for gestational diabetes are venous plasma glucose levels $\geq 5,3$ mmol/l (fasting), $\geq 10,0$ mmol/l (1 h) and $\geq 8,6$ mmol/l (2 h). Achieving a normal body weight is crucially important to mothers after delivery.

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