Gestational diabetes

Current Care Summary
17.6.2013
Working group established by the Finnish Medical Society Duodecim, the Medical Advisory Board of the Finnish Diabetes Association and the Finnish Gynecological Association

Gestational diabetes screening using a 75 g oral glucose tolerance test should be offered to all pregnant women, except those who are at low risk. 10–15% of gestational diabetes is caused by LADA (Latent Autoimmune Diabetes in Adults) or MODY (Maturity Onset Diabetes in the Young), in which mothers generally sustain a normal body weight.

The diagnostic criteria for gestational diabetes are venous plasma glucose levels ≥ 5.3 mmol/l (fasting), ≥ 10.0 mmol/l (1 h) and ≥ 8.6 mmol/l (2 h). Achieving a normal body weight is crucially important to mothers after delivery.

Risto Kaaja (Chair)
Heidi Alenius
Tarja Kinnunen
Jorma Komulainen
Nina Peränen
Tapani Rönnemaa
Jouko Saramies
Hanna Soukka
Kari Teramo
Piia Vuorela
Marja Vääräsmäki

Article ID: ccs00047 (000.000)
© 2015 The Finnish Medical Society Duodecim