

Käypä hoito



Emergency contraception

Current Care Summary

1.12.2010

Working group appointed by the Finnish Medical Society Duodecim, the Finnish Gynecological Association and the Finnish Association for General Practice

Three methods of emergency contraception (EC) are currently available in Finland. Levonorgestrel (LNG) method (a single dose 1,5 mg of levonorgestrel within 72 hours after unprotected sexual intercourse (UPSI)) is available over-the-counter for people aged at least 15 years. Copper-IUD, inserted within 120 hours after UPSI is the most effective method, and availability of this method should be improved in primary health care. If time elapsed since UPSI is between 72 and 120 hours, and IUD cannot be inserted, ulipristal (30 mg as single dose) probably prevents pregnancy more effectively than LNG in this period of time.

Elise Kosunen (Chair)

Dan Apter

Kirsi Pietilä

Aira Virtala

Piia Vuorela

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