

Finnish trainee program in ob/gyn

- All licensed medical doctors in Finland can apply as an ob/gyn trainee at a university of their choosing. It is recommended that the 9 months as general practitioner and surgical rotation should be done before registering
- During registration a plan of the training is done with the head of ob/gyn trainee education at that particular university
- Duration of the program in total is **6 years**, which includes:
 - o **9 months** working as a general practitioner at a health care station (mandatory for all specialist trainee programs in Finland)
 - o **6 months** in surgical department
 - o **4 years 9 months** in ob/gyn departments
 - which has to include **2-3 years** in a university hospital
 - which has to include **1,5-2 years** outside university hospital
 - **up to 6 months** of ob/gyn can be replaced by anesthesiology, general surgery, clinical microbiology, pediatric surgery, pediatrics, pediatric psychiatry, neurology, pathology, psychiatry, internal medicine, oncology or 6 months of scientific research (each case is individually evaluated by the head of trainee education)
 - o In addition to the clinical work a trainee must have
 - 60 hours theoretical ob/gyn training outside of work, no mandatory courses
 - mandatory administrative training (each university organizes its own, mandatory for all specialist trainee programs)
 - log book (different at different universities) and a written description of work done in the surgical department
 - a tutor (ob/gyn specialist), the tutor can be different at every hospital where a trainee works
 - passed national specialist exam (written exam)
- Each trainee arranges their own work places for training (contacts heads of departments – also for the surgery rotation), enrolling in a trainee program does not guarantee a position/work place in any hospital

Requirements for the written specialist exam

- Literature list for the specialist exam (newest editions for the books, last 2 years of the journals)
 - o Books
 - 1. Gibbs, R.S., Karlan, B.Y., Haney, A.F. & Nygaard, I.E (Eds.): Danforth's Obstetrics and Gynecology. Lippincott, Williams & Wilkins
 - OR**
 - 1. Edmonds, K. (Ed.): Dewhurst's Textbook of Obstetrics and Gynaecology, Wiley-Blackwell
 - 2. Rock J.A. Jones, H.W. III (Eds.): Te Linde's operative gynecology (Lippincott)

3. Speroff L., & Fritz, M.A.: Clinical gynecologic endocrinology and infertility Lippincott, Williams & Wilkins
- Scientific journals (all journals two years prior to exam date)
 - Acta Obstetrica et Gynecologica Scandinavica
 - American Journal of Obstetrics and Gynecology
 - BJOG
 - Obstetrics and Gynecology
 - Clinical Obstetrics and Gynecology
 - Scientific journals (when relevant to ob/gyn)
 - Duodecim (Finnish MD journal)
 - Suomen Lääkärilehti (Finnish MD journal)
 - Lancet
 - British Medical Journal
 - New England Journal of Medicine
 - JAMA
 - Finnish legislation (relevant to ob/gyn)