**Finnish trainee program in ob/gyn**

- All licensed medical doctors in Finland can apply as an ob/gyn trainee at a university of their choosing. It is recommended that the 9 months as general practitioner and surgical rotation should be done before registering.

- During registration a plan of the training is done with the head of ob/gyn trainee education at that particular university.

- Duration of the program in total is **6 years**, which includes:
  - **9 months** working as a general practitioner at a health care station (mandatory for all specialist trainee programs in Finland)
  - **6 months** in surgical department
  - **4 years 9 months** in ob/gyn departments
    - which has to include **2-3 years** in a university hospital
    - which has to include **1.5-2 years** outside university hospital
    - **up to 6 months** of ob/gyn can be replaced by anesthesiology, general surgery, clinical microbiology, pediatric surgery, pediatrics, pediatric psychiatry, neurology, pathology, psychiatry, internal medicine, oncology or 6 months of scientific research (each case is individually evaluated by the head of trainee education)
  - In addition to the clinical work a trainee must have
    - 60 hours theoretical ob/gyn training outside of work, no mandatory courses
    - mandatory administrative training (each university organizes its own, mandatory for all specialist trainee programs)
    - log book (different at different universities) and a written description of work done in the surgical department
    - a tutor (ob/gyn specialist), the tutor can be different at every hospital where a trainee works
    - passed national specialist exam (written exam)

- Each trainee arranges their own work places for training (contacts heads of departments – also for the surgery rotation), enrolling in a trainee program does not guarantee a position/work place in any hospital.

**Requirements for the written specialist exam**

- Literature list for the specialist exam (newest editions for the books, last 2 years of the journals)
  - Books
    OR
    2. Rock J.A. Jones, H.W. III (Eds.): Te Linde’s operative gynecology (Lippincott)
3. Speroff L., & Fritz, M.A.: Clinical gynecologic endocrinology and infertility Lippincott, Williams & Wilkins

- Scientific journals (all journals two years prior to exam date)
  - Acta Obstetricia et Gynecologica Scandinavica
  - American Journal of Obstetrics and Gynecology
  - BJOG
  - Obstetrics and Gynecology
  - Clinical Obstetrics and Gynecology

- Scientific journals (when relevant to ob/gyn)
  - Duodecim (Finnish MD journal)
  - Suomen Lääkärilehti (Finnish MD journal)
  - Lancet
  - British Medical Journal
  - New England Journal of Medicine
  - JAMA

- Finnish legislation (relevant to ob/gyn)