Since the NFOG congress in Bergen the NFYOG has held two meetings, November 2012 in Copenhagen and March 2013 in Helsinki. Our next meeting will be in September 2013 in Reykjavik.

Our focus and work has been mainly on the following subjects:

## The Nordic trainee programs:

The NFYOG has spent several meetings learning about the trainee programs of the Nordic countries, comparing them and discussing what is good and bad about the different programs. We actually decided that harmonizing the programs was too big a task for the NFYOG, since we didn't believe that we had the power to change anything.

Therefore we are glad that the Educational Committee has made this their main focus area, and we will help the EC as much as we can.

The NFYOG has made updated, thorough descriptions of the trainee programs in the respective countries to replace the rather outdated versions on the website. Anne Cathrine has sent those to the webmaster.

## **Collaboration with the Educational Committee:**

Anne Cathrine has attended the EC meetings in December and February, and will be at the next meeting in June. The NFYOG is responsible for part of the EC's planned course in November, and we have made good progress in finding a trainee speaker from each country.

We hope that the NFYOG can be a part of the specialist courses in the future, f.ex. by hosting a workshop or being responsible for a part of the program. We have tried to arrange a seminar just for the trainees (in September 2011) but had to cancel it because only 5 trainees signed up for it. Our belief is that the trainees have so many mandatory courses, that if they get time off to go to a course in another country it needs to be at a higher level than a course "just" for trainees. We think that if the specialist course had a trainee workshop or NFYOG session, and a low fee for trainees, more of the trainees would come since it is an official, annual course.

## Trainees at the NFOG congress 2014 in Stockholm:

We have contacted Magnus Westgren and asked the organising committee to consider reduced fees for trainees both for the congress and for the precongress workshops. The workshops are highly relevant for trainees, but we think that some would chose not to come for them due to the fee. The NFYOG would be glad to help with the workshops, in Stockholm and at congresses to come.

We hope that the oral poster presentations will be held early in the day, f.ex. around noon. These presentations are important for the trainees, for many it will be their first international speech, and we think they should be at a time where as many people as possible are present at the congress venue.

In Bergen the NFYOG arranged an evening for all the trainees with two lectures about endometriosis and hormone treatment, followed by dinner at a restaurant. The event was a big success, and we are planning something similar in Stockholm. Our Swedish representatives are working on finding a sponsor and a venue.

## **Plans for 2013:**

We will continue planning an event for the trainees in Stockholm 2014, and also arranging our part of the EC's November course.

If the NFOG has any ideas or tasks for us, we will be happy to hear about it.