

# NFOG Specialist Course 2010

## **Polycystic Ovary Syndrome through Life**

November 17<sup>th</sup> – 18<sup>th</sup> 2010

Park Inn Airport Hotel

Engvej 171, Copenhagen, Denmark

### **Final announcement**

The NFOG Educational Committee hereby invites you to the NFOG Specialist Course on **Polycystic Ovary Syndrome through Life**. The course will deal with aspects of PCOS related to different ages and endocrine states of a woman's life. Nordic and international top speakers with active research in this area will participate. The course is the second *NFOG Specialist Course*, planned to run each year with different topics, and aimed at specialists in Obstetrics and Gynecology, but also trainees.

Below you find the final program. The number of participants is limited to 200, due to course facilities. NFOG members (includes all members of the national societies) are welcome to register at the NFOG web-site from now on. Non-members are welcome to register from September 15<sup>th</sup>. Reservations at different hotels in the area could be made at the same time as the registration. The course will be sponsored according to regulations by the Danish Legal Board of Self-Regulation concerning Pharmaceuticals.

#### **Course fees (including two lunches, refreshments and one dinner at Park Inn):**

NFOG member, early registration before September 15 <sup>th</sup>	DKK 1800,-
NFOG member, late registration after September 15 <sup>th</sup>	DKK 2500,-
Non-NFOG members, registration available from September 15 <sup>th</sup>	DKK 3000,-

#### **Welcome!**

Marie Bixo and Eszter Vanky

NFOG Educational Committee and local organizers

## Course program

### Wednesday 17<sup>th</sup> of November

11.30 – 13.00 REGISTRATION, LUNCH

13.00 – 13.05 Welcome and introduction

President of NFOG

#### Session 1 Prenatal and early development and treatment of PCOS

13.05 – 13.30 Intrauterine environment and PCOS

Sven M. Carlsen, MD, Professor (N)

13.30 - 14.00 Early development & pubertal prevention of PCOS

Francis de Zegher, MD, Professor (B)

14.00 – 14.30 Treatment of PCOS in adolescence

Lourdes Ibanez, MD, PhD (E)

14.30 – 14.50 Panel discussion and questions

14.50 -15.20 COFFEE

#### Session 2 PCOS, pregnancy and metformin

15.20 – 15.50 Metformin and ART in PCOS: A RCT

Sigrun Kjotrød, MD, PhD (N)

15.50 – 16.20 Metformin in early pregnancy and abortions

Laure Morin-Papunen, MD, PhD (SF)

16.20 – 16.50 Metformin and pregnancy outcome in PCOS

Eszter Vanky, MD, PhD (N)

16.50 – 17.20 Panel discussion and questions

19.30 DINNER

### Thursday 18<sup>th</sup> of November

#### Session 3 PCOS in the adult woman

08.30 – 08.50 PCOS, obesity in the young adult

Ditte Trolle, MD, PhD (DK)

08.50 – 09.10 Metformin: When and to whom?

Ditte Trolle, MD, PhD(DK)

09.10 – 09.30 Diet and lifestyle

Angelica Linden-Hirschberg, MD, Professor (S)

09.30 – 09.50 Are there any benefits of PCOS?

Angelica Linden-Hirschberg, MD, Professor (S)

09.50 – 10.10 Panel discussion and questions

10.10 – 10.40 COFFEE

#### Session 4 Quality of life – later in life

10.40 – 11.10 Quality of life in PCOS

Georgina Jones, Psychologist, PhD (UK)

11.10 – 11.40 Cardiovascular risk factors

Harpal Randeva, MD, Professor (UK)

11.40 – 12.00 Diabetes and PCOS

Sven M. Carlsen, MD, Professor (N)

12.00 – 12.30 Premenopausal PCOS – symptoms and consequences

Inger Sundström-Poromaa, MD, Professor (S)

12.30 – 13.00 Panel discussion and questions

13.00 – 13.05 Concluding remarks

NFOG Educational Committee

13.00 LUNCH